

## School Newsletter

Friday 7<sup>th</sup> January 2022


### Happier January

Happy New Year! How can we start this new year happier? Things have certainly not been easy over the last year, and we are still in difficult and uncertain times. The best way to try to handle our difficult emotions and experiences is by focusing on what we can control. This month, we're encouraging everyone to focus on small steps to try to boost happiness - for ourselves and others around us - to spread kindness and hopefully inspire others to do the same.

**Happier January 2022**

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Find three things to look forward to this year	2 Make time today to do something kind for yourself	3 Do a kind act for someone else to help brighten their day	4 Write a list of things you feel grateful for and why	5 Look for the good in others and notice their strengths	6 Take five minutes to sit still and just breathe	7 Learn something new and share it with others
8 Say positive things to the people you meet today	9 Get moving. Do something active (ideally outdoors)	10 Thank someone you're grateful to and tell them why	11 Switch off all your tech at least an hour before bedtime	12 Connect with someone near you - share a smile or chat	13 Take a different route today and see what you notice	14 Eat healthy food which really nourishes you today
15 Get outside and notice five things that are beautiful	16 Contribute positively to your local community	17 Be gentle with yourself when you make mistakes	18 Get back in contact with an old friend	19 Focus on what's good, even if today feels tough	20 Go to bed in good time and allow yourself to recharge	21 Try out something new to get out of your comfort zone
22 Plan something fun and invite others to join you	23 Put away digital devices and focus on being in the moment	24 Take a small step towards an important goal	25 Decide to lift people up rather than put them down	26 Choose one of your strengths and find a way to use it today	27 Challenge your negative thoughts and look for the upside	28 Ask other people about things they've enjoyed recently
29 Say hello to a neighbour and get to know them better	30 See how many people you can smile at today	31 Write down your hopes or plans for the future				

**ACTION FOR HAPPINESS**      **Happier · Kinder · Together**



### After School Club

One of the things that was fed back by parents through last term's online survey was increasing the after school club provision and so we are delighted that ITG Academy, run by one of our parents, James Phang, has agreed to open up after school club to all children in years 1 to 6 across the Infant and Junior schools. A letter was emailed out to parents with further details, including how to book a place for your child, yesterday.

### **Applying for a Reception place**

Do you have a child born between 1 September 2017 and 31 August 2018? If so, the deadline for applying for a place in Reception for this September is Saturday 15<sup>th</sup> January 2022. Further details can be found on Hillingdon's admissions website:

<https://archive.hillingdon.gov.uk/primary>

### **Applying for a Junior school place**

If your child was born between 1 September 2014 and 31 August 2015, and is currently in Year 2, you will need to apply for a Junior school place for this September by Saturday 15<sup>th</sup> January 2022. Further details can be found on Hillingdon's admissions website:

<https://archive.hillingdon.gov.uk/junior-school>

### **Key dates for your diary**

Monday 7<sup>th</sup> and Wednesday 9<sup>th</sup> February: Parent-teacher meetings after school. Further details to follow.

Wednesday 9<sup>th</sup> February: Year 2 Birch class assembly for parents in the school hall at 9am.

Thursday 10<sup>th</sup> February: Travel Back in Time Day. Further details to follow.

Monday 14<sup>th</sup> February to Friday 18<sup>th</sup> February: School is closed for half term.

Thursday 3<sup>rd</sup> March: World Book Day. This is a non uniform day and children can come in to school dressed up as a book character.

Week beginning 14<sup>th</sup> March: British Science Week. Further details to follow.

Friday 18<sup>th</sup> March: Comic relief fundraising day. This is a non uniform day and children can come in to school wearing red.

Thursday 24<sup>th</sup> March: Year 1 Cedar class assembly for parents in the school hall at 9am.

Tuesday 29<sup>th</sup> March: Spring concert. Further details to follow.

Thursday 31<sup>st</sup> March: Easter bonnet parade.

Thursday 31<sup>st</sup> March: Last day of term for Nursery pupils.

Friday 1<sup>st</sup> April: Last day of Spring term for Reception, Year 1 and Year 2 pupils. School finishes at 1pm.

Monday 4<sup>th</sup> to Monday 18<sup>th</sup> April: School is closed for the Easter holidays.

Tuesday 19<sup>th</sup> April: First day of the Summer term.



**HAREFIELD**  
INFANT SCHOOL

Address: High Street, Harefield, Middlesex, UB9 6BT

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Email: office@harefieldinfant.com

Web: www.harefieldinfant.com

Executive Head Teacher: Mr A.Sunner

Head of School: Mr J.Downs

### Community links




**YEAR 2&3**      **YEAR 4&5**  
9.30-10.30am      10.45-11.45am

BRAND NEW starting January 15th 2022 for 6 weeks  
Boys and girls looking to start or develop their Netball!

**Saturday Morning**  
at Douay Martyrs School Sports Hall

**Want to join us?**

Contact us at:  
 @ blazenetball.clubbuzz.co.uk  
 ✉ blazejuniors@outlook.com ✉ blazenetballclub@yahoo.co.uk

or follow our social media channels:  
 📺 BlazeNetball 📺 blazenetballclub 📺 Blaze Netball

All players must contact us before they attend.



Rectangular Sign       The Hillingdon Hospitals NHS Foundation Trust

**HELP BUILD YOUR HOSPITAL FOR THE FUTURE**

Tell us what you want to see in the new  
Hillingdon hospital

Tuesday 11 January 2022 15.00 - 16.00

Register at: [bit.ly/THH-maternity-Jan-11](https://bit.ly/THH-maternity-Jan-11)



First 10 to register win £10 Amazon voucher!

THIS MEETING IS OPEN AT ANYONE WHO HAS USED HILLINGDON HOSPITAL MATERNITY SERVICES IN THE LAST 4 YEARS