

School Newsletter

Friday 25th February 2022

Celebration assembly

This week in school we have been thinking about a 'healthy me' as it is this half term's personal, social, health and economic education topic. Well done to the pupils below who were chosen by their teachers to receive special certificates for understanding what makes us healthy.

| | |
|--------------------------|--------|
| Nursery Acorn Class | Alisa |
| Reception Chestnut Class | Sajan |
| Reception Maple Class | Dua |
| Year 1 Ash Class | Kaylee |
| Year 1 Cedar Class | Luca |
| Year 2 Birch Class | Harper |
| Year 2 Elder Class | Pearl |

House points

Congratulations to the following pupils for earning the most house points in their class this week.

| | |
|--------------------------|-----------------|
| Reception Chestnut Class | Eddie |
| Reception Maple Class | Erin |
| Year 1 Ash Class | Danny |
| Year 1 Cedar Class | George and Yumi |
| Year 2 Birch Class | Jacob |
| Year 2 Elder Class | Caitlin |

Well done to all of the pupils in **Yellow** house for earning more house points than the other houses this week.

Attendance

We aim to achieve above the national average attendance which is 96%. Well done to Year 2 Elder Class for achieving that target and having the best attendance in school this week.

| | |
|--------------------------|-------|
| Year 2 Elder Class | 97.4% |
| Year 2 Birch Class | 95.8% |
| Reception Maple Class | 94.5% |
| Year 1 Ash Class | 89.3% |
| Reception Chestnut Class | 88.7% |
| Year 1 Cedar Class | 85.7% |

Mindful March

This month let's pause, breathe and really take in what's all around us

Mindful March 2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|--|---|---|--|--|
| 1 Set an intention to live with awareness and kindness | 2 Notice three things you find beautiful in the outside world | 3 Start today by appreciating your body and that you're alive | 4 Notice how you speak to yourself and choose to use kind words | 5 Bring to mind people you care about and send love to them | 6 Have a 'no plans' day and notice how that feels | |
| 7 Take three calm breaths at regular intervals during your day | 8 Eat mindfully. Appreciate the taste, texture and smell of your food | 9 Take a full breath in and out before you reply to others | 10 Get outside and notice how the weather feels on your face | 11 Stay fully present while drinking your cup of tea or coffee | 12 Listen deeply to someone and really hear what they are saying | 13 Pause to watch the sky or clouds for a few minutes today |
| 14 Find ways to enjoy any chores or tasks that you do | 15 Stop. Breathe. Notice. Repeat regularly | 16 Get really absorbed with an interesting or creative activity | 17 Look around and spot three things you find unusual or pleasant | 18 If you find yourself rushing, make an effort to slow down | 19 Appreciate nature around you, wherever you are | 20 Focus on what makes you and others happy today <small>dayofhappiness.net</small> |
| 21 Listen to a piece of music without doing anything else | 22 Notice something that is going well, even if today feels difficult | 23 Tune into your feelings, without judging or trying to change them | 24 Appreciate your hands and all the things they enable you to do | 25 Focus your attention on the good things you take for granted | 26 Choose to spend less time looking at screens today | 27 Cultivate a feeling of loving-kindness towards others today |
| 28 Notice when you're tired and take a break as soon as possible | 29 Choose a different route today and see what you notice | 30 Mentally scan your body and notice what it is feeling | 31 Discover the joy in the simple things of life | | | |

ACTION FOR HAPPINESS **Happier · Kinder · Together**



World Book Day

To celebrate World Book Day, which is on Thursday 3rd March, we are having a number of events in school, including:

- A non uniform day on Thursday 3rd March when pupils should come in to school dressed up as their favourite book character;
- Reception, Year 1 and Year 2 classes will visit Harefield library during next week;
- There will be a book fair in the school hall from Monday 7th to Friday 11th March from 3.15pm to 3.45pm every day and also from 8.35am to 9am on Tuesday 8th and Wednesday 9th March, where parents and children can buy books. Please note that books can only be purchased online using the QR code, not using cash or cards;



SCHOLASTIC

COME TO THE Book Fair

FILL OUR SCHOOL WITH FREE BOOKS WHEN YOU BUY FROM THE BOOK FAIR*

LAST YEAR, YOUR SUPPORT HELPED TO DONATE OVER £6.4M BOOKS TO SCHOOLS NATIONWIDE

FIND HUNDREDS OF THE BEST NEW BOOKS FROM JUST £2.99!

NEW **David Walliams** **GRANSTA GRANNY: STRIKES AGAIN!** £14.99 £7.99

NEW **SUPERWORK!** £4.99

NEW **CAT KID comic club** **DAV PILETTI** £10.99 £7.99

NEW **CELESTIA CLAY** **LION OF THE DOOR** £7.99

NEW **Buzzy** **GRANNIES** £6.99

NEW **Betsy Biggslou** **Blackman** Just £2.99

NEW **LISA THOMPSON** **FOLLERKASLE BOY** £6.99

Come to our School Book fair.
Where: Infant School Hall
When: Monday 7th until Friday 11th March.
What Time: Every day after school until 3.45pm
Tuesday and Wednesday Morning 8.35-9.00 am

Scan the QR code to pay online!

- A special 'World Book Day' menu for lunch on Thursday 3rd March, which parents can book using The Pantry's website

www.thepantrycatering.co.uk/school_meals/login.php



THE PANTRY'S
WORLD BOOK DAY MENU

Main Meal

Cloudy With a Chance of Meatball Pasta
or
Little Red Hen Makes a (Margherita) Pizza
or
Jacket Potato and "The Great Cheese Robbery"

served with
Jacks Magic Green Beans and Monsters Don't
Eat Broccoli

Key dates for your diary

Wednesday 2nd March: Year 2 Birch class assembly for parents in the school hall at 9am.

Thursday 3rd March: World Book Day. This is a non uniform day and children can come in to school dressed up as a book character.

Monday 7th and Wednesday 9th March: Nursery parent-teacher meetings after school.

Week beginning 14th March: British Science Week.

Friday 18th March: Comic relief fundraising day. This is a non uniform day and children can come in to school wearing red.

Wednesday 23rd March: Year 2 African Activities Workshop.

Thursday 24th March: Year 1 Cedar class assembly for parents in the school hall at 9am.

Tuesday 29th March: Spring concert. Further details to follow.

Thursday 31st March: Easter bonnet parade.

Thursday 31st March: Last day of term for Nursery pupils.

Friday 1st April: Last day of Spring term for Reception, Year 1 and Year 2 pupils. School finishes at 1pm.

Monday 4th to Monday 18th April: School is closed for the Easter holidays.

Tuesday 19th April: First day of the Summer term.



HAREFIELD
INFANT SCHOOL

Address: High Street, Harefield, Middlesex, UB9 6BT

Tel: 01895 462399

Email: office@harefieldinfant.com

Web: www.harefieldinfant.com

Executive Head Teacher: Mr A.Sunner

Head of School: Mr J.Downs

Community News



If you would like your daughter to join one of the Harefield Guide Units:
 Rainbows (Age 4-7 years)
 Brownies (Age 7- 10 years)
 Guides (age 10-14 years)
 Please visit www.girlguiding.org.uk and register your daughter's details. A leader will then contact you.

URGENT MENTAL HEALTH SUPPORT 24/7



Worried about your mental health?

Young people and their parents can get urgent support and advice from trained NHS mental health advisors, any time, day or night.

Every mental health trust in London has put in place a telephone line for people in urgent need - including children, young people and their parents. The lines are free to call and open 365 days a year.

| AREA | BOROUGHES COVERED | 24/7 SUPPORT NUMBERS |
|----------------------|---|----------------------|
| North West London | Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster | 0800 023 4650 |
| | Ealing, Hounslow and Hammersmith & Fulham | 0800 328 4444 |
| North Central London | Barnet, Camden, Enfield, Haringey and Islington | 0800 151 0023 |
| North East London | City & Hackney | 0800 073 0006 |
| | Newham | 0800 073 0066 |
| | Tower Hamlets | 0800 073 0003 |
| South West London | Barking & Dagenham, Havering, Redbridge and Waltham Forest | 0800 995 1000 |
| | Kingston, Merton, Richmond, Sutton and Wandsworth | 0800 028 8000 |
| South East London | Croydon, Lambeth, Lewisham and Southwark | 0800 731 2864 |
| | Bexley, Bromley and Greenwich | 0800 330 8590 |



GET IN
TOUCH

SAS Advice Line

Would you like some advice/ideas/strategies to support a child or young person with SEND?

The SEND Advisory Service Advice Line is here for all general enquiries, support, and advice. We're able to help or signpost for all things SEND, and would welcome your email to one of the following email addresses. If unsure which team, please just email one of them and it'll be allocated appropriately.

We aim to get back to you within 48 hours.

I need some advice around supporting a child with a visual impairment

I need help with completing a child's individual risk assessment

My child has just received a diagnosis, what do I do next?

I want to apply for funding, where do I start?



saskeywork@hillingdon.gov.uk - providing support and guidance for families with SEND 0-25

sasinclusion@hillingdon.gov.uk - providing support and guidance to schools, settings, PVI's for children and young people aged 2 and above

sassensory@hillingdon.gov.uk - providing support for children and young people with sensory impairment needs

