

Wednesday 8th May 2024

Dear Year 1 Parents/Carers,

Re: Personal, Social, Health and Economic Education

We follow the Jigsaw scheme for personal, social, health and economic education and after May half term the theme is 'changing me'.

Children will learn about how we change as we grow older and the differences between boys and girls.

Below is a table showing what the children will be learning during this half term's lessons. Some of the content is more detailed than we have taught in previous years but necessary to meet the requirements of the compulsory relationships education which the government introduced last year.

Changing Me Puzzle Map - Ages 5-6

Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1.Life cycles	R1, R6	I am starting to understand the life cycles of animals and humans	I understand that changes happen as we grow and that this is OK
2. Changing Me	H4	I can tell you some things about me that have changed and some things about me that have stayed the same	I know that changes are OK and that sometimes they will happen whether I want them to or not
3.My Changing Body		I can tell you how my body has changed since I was a baby	I understand that growing up is natural and that everybody grows at different rates
4. Boys' and Girls' Bodies	R19, R25, R26, R27, R29, H34	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus	I respect my body and understand which parts are private
5.Learning and Growing Puzzle Outcome: Piece 5 Flowers	R15	I understand that every time I learn something new I change a little bit	I enjoy learning new things
6.Coping with Changes Assessment Opportunity	R32, H2, H3	I can tell you about changes that have happened in my life	I know some ways to cope with changes



Please speak to your child's class teacher if you would like further information.

Yours sincerely,

Mr Sunner
Executive Head Teacher

Mr Downs
Head of School