

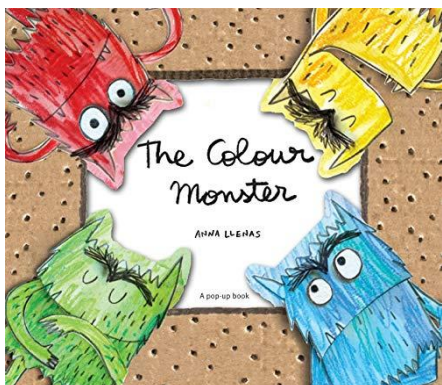
4<sup>th</sup> October 2024

Dear parents and carers,

The children are all settling into the nursery environment and trying hard to follow the rules and routines (most of the time!) They are beginning to make friendships with one another and are learning their teacher's names. We are working hard on remembering to use our words when we want or need something. You can help them with this at home by encouraging them to use phrases such as;

- Please can I have it?
- Please can you help me?

This week we have been learning all about our emotions and how to talk about how we are feeling. The children have immersed themselves in this topic and love to share how they are feeling with one another.



We have been enjoying stories about emotions, particularly 'The colour monster story' where there is a different coloured monster for each emotion we feel:

- Yellow for happiness
- Blue for sadness
- Red for anger
- Black for fear
- Green for calm
- Pink for love

You can help your child to continue their learning at home by:

- Talking to them about how they are feeling and helping them to label their emotions. Use phrases such as "I can see that you are feeling really sad like the blue colour monster, how can I help you?" It is also important that your child is aware that you feel these emotions too. They love it when we tell them that we sometimes feel angry or sad. We then explain what makes us feel better in these moments.
- Praising them for making the right choices, relating to the elephant golden rules "well done, you did good listening like the pink elephant".
- Sharing their achievements with us at the nursery door or via our class email, children love to share news from home with their peers and it is a great way of building their confidence and improving their speech and language skills.
- Encouraging them to follow the rules at home and listen the first time you ask them to do something.

Next week we will be learning all about autumn and the changes that occur at this time of year. Please try to go on an autumn walk with your child over the weekend and gather a collection of autumn objects such as leaves,





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conkers, acorns etc. that can be used to support your child's learning on this subject. Please feel free to send in photos of your autumn walk to our nursery email address [acornclass@harefieldinfant.com](mailto:acornclass@harefieldinfant.com)

Please may I remind you that children should leave their toys at home. We have lots of lovely things for them to play with here.

Have a wonderful weekend,

Many thanks

Mrs Halligan

Nursery Manager